



## POST-OPERATIVE CARE FOLLOWING SURGERY.

### Dr. Cornejo

1. Following surgery keep several gauze pads over the area with biting pressure. Change the gauze every hour until the bleeding stops.
2. Oozing of blood may persist on the first and second days following surgery. This may last longer if you are taking blood thinners.
3. The night of surgery swish with warm salt water. Continue doing this for at least two weeks. Rinse after each meal and before bed. (1/2 teaspoon of salt to a full glass of warm water) Brush the teeth normally. If you received a syringe, start irrigating 3 days after surgery. Irrigate the lower sockets after meals & before bed for several weeks until the site's have healed over all the way. Be sure to put the tip of the syringe down inside the site. (1/2 hydrogen peroxide and water) Do not use mouthwash.
4. If you are a smoker, **DO NOT SMOKE** for seven days.
5. Swelling around the mouth, cheeks, and eyes may follow some surgical procedures. This is a normal reaction and may persist 3-5 days. To minimize post-operative swelling, apply an ice pack to the outside of your face 20 minutes on and 20 minutes off for the **first 24 hours.**
6. To minimize post-op swelling and pain after the first 24hrs use a warm compress to the side of the jaw/face. Use this for several days.
7. For post-op discomfort; Alternating pain medication every 3 hours.
  - (1) Ibuprofen 600mgs
  - (2) Acetaminophen (Tylenol) 500mgs.
8. Infrequently, jaw pain, earache, and a bad taste may develop from 2-7 days following surgery, this is a result of food debris in the sockets. If you can not irrigate the socket please call the office to set up a post op appointment.
9. Sutures (Stitches) will dissolve in 3-7 days.
10. Resume medications the night of your procedure unless otherwise instructed by your medical doctor.
11. Visit us on the web at [www.whomsimplants.com](http://www.whomsimplants.com)

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**During normal business hours please call the office.**

**Monday- Friday 8-4 pm     863-294-7648**

**After normal business hours call: 863-585-3805**

**In case of Medical Emergency Call 911**

**Assistant's Name: Emily/Selena/Lauren/Jennifer     Rev. 02/19/2025**